

WILFRED JOHN NASH PETHERBRIDGE

Music Therapist/Composer

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education

Nordoff Robbins, London 2018-2020

Masters - Music Therapy (Nordoff Robbins): Music, Health and Society

Dartington College of Arts at Falmouth University, Cornwall 2010-2013

BA(Hons) Contemporary Music (Composition)

The BRIT School, Croydon, London 2007-2009

Music National Diploma

Psychology A Level

English A level

other

Trumpet Grade 8 (Distinction) ABRSM,
Music Theory Grade 5 (Distinction) ABRSM,
Piano Grade 5 (Distinction) ABRSM

experience

Sound Mix - Pitch and Sync

Diary of a CEO, London - October 2024

Freelance sound mix for upcoming episode of Diary of a CEO.

Music Therapist - Nordoff Robbins

London, UK - January 2021 - cont

Music therapist for London based charity, working with adults living with complex neurological conditions and young people with autism and profound and multiple disabilities.

Music Therapist - Cambridge University, Anglia Ruskin University

London, UK - November 2023 - October 2024

Music therapist as part of CHIME research project.

Music Therapist - Merrywood Schools

London, UK - November 2021 - August 2023

Music therapist for two SEMH schools based in south London.

Music Therapist - In-Deep

London, UK - September 2020 - August 2021

Music therapist for London based charity, working with young people with autism and profound and multiple disabilities.

Musician - Orlando Weeks UK Tour

UK - February 2020 - March 2020

Musician and performer as part of Orlando Weeks' touring band,

Composer - London College of Fashion

UAL, London - January 2020 - February 2020

Composer for UAL Masters in Women's Fashion final show.

Performed at the Round House, London.

Composer - London College of Fashion

UAL, London - October 2019 - December 2019

Composer for UAL Masters in Costume for Performance final show.

Performed at Saddlers Wells, London.

Composer/Musical Director - I Only Laugh to Keep From Weeping

Grace Nicol, London - October 2019 - November 2019

Composer/musical director for choreographer Grace Nichols as part of artistic residency at Chisenhale Dance Space.

Musician - Orlando Weeks UK Tour

Various locations around the UK - August 2019 - September 2019

Musician and performer as part of Orlando Weeks' touring band.

Director/Producer/Sound Designer - Royal Opera House

These Gilded Faces, London - November 2018 - December 2019

Solo exhibition at The Royal Opera House.

Composer - London College of Fashion

UAL, London - October 2018 - December 2018

Composer for UAL Masters in Costume for Performance final show.

Performed at Saddlers Wells, London.

Composer - Channel 4

The Dam, London - February 2018 - March 2018

Composer for The Dam, a short film commissioned by Channel 4.

Composer/Sound Designer - Providence

Providence, Vault Festival London - January 2018 - October 2018

Composer and sound designer for theatre piece Providence.

Performed at Edinburgh Fringe and Vault Festival 2018.

Composer/Workshop Leader - Creative Homes

Rotherhithe, London - December 2017 - June 2019

Social engagement project working with older people in sheltered housing for the London Bubble Theatre Company.

Sound Designer - Father of Lies

Father of Lies, Vault Festival London - February - August 2018

Sound designer for theatre piece Father of Lies.

Performed at Edinburgh Fringe and Vault Festival 2018.

Composer - London College of Fashion

UAL London School of Fashion, London - October 2017 - December 2017

Composer for UAL Masters in Costume for Performance final show.

Performed at Saddlers Wells, London.

Composer/Artistic Director - Choral Cuisine

Lost in Time Festival, Exeter - September 2017 - October 2017

Composer and artistic director for Choral Cuisine, an interactive piece for 50 dining participants.

Composer/Workshop Leader - Self Employed

QTP Theatre, Mumbai, India - November 2016 - January 2017

Composing for dance and running workshops with young people as part of Thespo theatre festival.

Composer/Performer - Flanagan Collective

UK/Australia - December 2015 - March 2016

Composing and performing the music for theatre shows Fable and Babylon at the Vault Festival and Adelaide Fringe.

Workshop Facilitator - Philharmonia Orchestra

South West England - May 2014 - July 2015

Running workshops for varying community groups in deprived areas in Plymouth, Torbay and Cornwall.

bio

I am a music therapist and award winning musical artist from a background heavily involved in visual arts, theatrical and choreographic practices.

My compositions are celebrations of communities, the people which inhabit them and the spaces in which they grow. I work alongside non-musicians, developing public performance and composition which strives to share the effects shared music can offer.

I continue to develop my practice using new technologies to expand and explore the tonal realms in which I work.

My works have been toured internationally (Japan, Iceland, Australia, India, Sweden) and extensively thought the UK.

As a music therapist, I have built practices alongside multidisciplinary teams which have been designed to provide person-centred care in a variety of settings. I aim to provide a needs-led service which focusses on bespoke and flexible musical interactions, supporting a broader sense of community and the creative fulfilment of both the clients and the staff with whom I work.

My practice currently spans across two neuro-rehabilitation care homes, an SEN secondary school and a SEN/SEMH secondary school. In the past I have worked within dementia care, primary education, drop in centres and ASD day centres.

My solo-exhibition *These Gilded Faces* was commissioned by The Royal Opera House in November 2018 and has been extended to run throughout 2019. It is an audio-visual installation which celebrates the most noteworthy contributors to The Royal Opera House's past but also the numerous individuals who work diligently in the background who keep the organisation flourishing. Built with gathered materials from the archives of The Royal Opera House, *These Gilded Faces* offers a personal insight into the lives behind The Royal Opera House's founders past and present, offering a humanising view of the people who helped to make it the institution which stands today.

Other artistic works include:

Creative Homes - A story collection residency working with older people in sheltered housing units in Bermondsey, London. Commissioned by The London Bubble (2018 - 2019)

PLAY - A public performance project first commissioned by Arnolfini Gallery, Bristol (2016) and further developed as part of the Samarbeta Residency at the Islington Mill, Manchester (2017)

Choral Cuisine - A musically interactive meal, exploring aleatoric compositional methods. Commissioned by Kaleider, Exeter (2017)

Opus - An exploration into the relationship between sound and food. Commissioned by Pervasive Media Studio, Bristol (2017)

I have made a significant contribution to the delivery and success of The Philharmonia Orchestra's touring outreach and new audience engagement programme, the iOrchestra project, which received the Philharmonic Society's award in New Audience Engagement. I was one of a team of two who managed, designed and delivered workshops in MusicLab; a state of the art, interactive and educational musical facility designed for people of all ages and abilities. The project saw MusicLab being delivered in Cornwall, Torbay, Plymouth, Isle of Man and Cambridge. During this time I ran workshops for primary school classes, disabled groups, secondary school classes and older persons groups. Our aim was to introduce the orchestral world to 'disadvantaged' communities around the country, inspiring new listeners and hoping to dispel the dusty, inaccessible stereotype of the orchestral community.

My work in theatre has expanded a number of years in positions of direction, performance, composition and sound design. Many of the shows I have worked on have toured extensively throughout the UK at festivals such as Edinburgh Fringe and many large scale venues. I have also toured work in Australia and Japan.

My composition in choreography has also been toured nationally and internationally. I have had the pleasure of collaborating with award winning choreographers and companies such as Impermanence Dance Theatre, Gary Clarke and James Morgan. In 2016 I was commissioned to create community music and dance piece *Jugaad* in Mumbai, India. This was created with community dancers and musicians in Mumbai for the international Thespo Theatre Festival. I have also composed for the London College of Fashion on many occasions over the last three years; providing composition for Women's Fashion (Masters), Men's Fashion (Masters) and Design for Performance (Masters).

Coegi Music and Dance; an award winning cross-collaboration company founded by myself, choreographer Grace Nicol operated between 2014-2015. In our work *Rural Living* we investigated the composer/choreographer relationship through an exploration of memory rooted in place. The piece was performed across the country including a performance at the Resolutions Festival at The Place in London. The company also enjoyed residencies at Northampton University, Falmouth University and Dance Research Centre in London. The piece was also performed at Stockholm Fringe Festival 2015 where it was awarded the Young Staff award for new work.

My continuing work with Felix's School of Rock has been spread over the last 15 years in south east London. We work during school holidays, running week long workshops with children between the ages of 8-16 with the aim of having a 20 minute set prepared to perform live at the end of the week. FSOR's mission is to introduce and supply a platform for young people to explore and engage with the live band format, contemporary popular music and live performance.

I have written for large brass ensembles with pieces such as *STRAM*, *DOAZ* and *SNEAD*. I explored sensory deprivation in the piece *YOU ARE NOT WINNING*, written for the alto-saxophone and sympathetic piano; performed to a blindfolded audience. My piece, *GOOD RICE*, was performed first in Cornwall at the Livedart Festival.

referees

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